



**Safari Gästefarm\*\* YYY**

**Düsternbrook**

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## **RESERVATION SHEET – 2018 Khomas Hochland Hiking Trails (KHHT)**

**Dear Hiker,**

Thank you for your interest in the new Khomas Hochland Hiking Trail (KHHT). The trail is 91.2 km (6 days/nights) or the shorter version is 54 km (4 days/nights). We offer the trail in back pack or slack pack version. The trails pass over 5 farms with 6 shelters.

In addition, we offer various exciting shorter hiking trails (1-, 2- or 3 days) on different individual farms. For more information for the shorter trails (also referred to as weekend trails) go to our website [www.hikenamibia.com](http://www.hikenamibia.com)

and look under the different farms: Monte Christo, Godeis and Düsternbrook. You can book through our central reservation office.

The Khomas Hochland Mountain Range is just north-west of Windhoek, the capital of Namibia. The starting point is 90 km from the Hosea Kutako International Airport.

The long distance hiking trail KHHT is a product of the Windhoek Greenbelt Landscape farmers and this again is the result of a Namibian pilot project of [NAMPLACE](#). The trail has been built by the farmers, aided and supported by the South African Hiking expert Mr. Albert Bossert, president of HOSA. ([Hiking Organisation South Africa](#)). It has been awarded with the [Green Flag Accreditation](#) - a South African quality tag. Feedback from 2016 and 2017 has been very positive. Please see

reports on our website [www.hikenamibia.com](http://www.hikenamibia.com) Or you can find the latest updates and pictures on our [Facebook](#) page.

Central reservations for all trails is managed by our central reservation office on behalf of the Windhoek Greenbelt Landscape. Please complete the reservation sheet and return to [info@hikenamibia.com](mailto:info@hikenamibia.com)

The 4-day and 6-day hike both start and finish at Farm Düsternbrook which is only 50 km from Windhoek and 90 km from the airport. Pick-up transfers can be arranged with reservation. An alternative 4-day hike is available to start and finish on Farm Godeis.

Number of hikers: Minimum 3 and maximum 12 hikers (due to size of campsites).

“Climb the mountains and get their good tidings. Nature's peace will flow into you as sunshine flows into trees. The winds will blow their own freshness into you, and the storms their energy, while cares will drop off like autumn leaves. As age comes on, one source of enjoyment after another is closed, but Nature's sources never fail.” ~ John Muir

Looking forward to meet you on our blissful hiking trails. For any problems in terms of the reservations or suggestions please do not hesitate to contact me.

Kind regards

**Johann Vaatz**

Chairman Windhoek Greenbelt Landscape

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## **Definitions:**

### **Back Pack:**

You carry everything yourself. The cost includes camping and the hiking fee. We supply drinking water, wood, a pot, pan and a kettle at the campsite.

### **Slack Packing Transfer**

We will drive your main backpack, food, mattresses, sleeping bag, water etc. from campsite to campsite. You only have to carry your small daily daypack with you. Costs are calculated per transfer from campsite to campsite and divided amongst the hikers.

### **All-inclusive Slack Packing:**

Consists of the following: a camping fee, hiking fee, a mattress, water and wood at the campsite, a pot, pan and a kettle. Food is also included: +/- 180 gram of meat, +/- 200 gram of vegetables and sufficient bread ( average 2 slices per lady and 4 slices per man). For vegetarians +/- 350 gram of vegetables. Excluded: breakfast and hiking nutrition, transfers.

Each farmer provides the food at their own discretion. For example: homemade bread, Oryx or Kudu or lamb meat. A choice of vegetables will be available and is communicated with reservation. Any other extras can be bought but need to be communicated with reservation. If you have no backpack for your extra food or personal items we supply you with a standard ammo camping box ( 36 x 46 x 20 ) cm.

### **Shelter:**

Campsites are open and covered by a roof only. There is running water with toilets and showers. Wood is supplied for 'donkie' water heating system. Explanation: In southern Africa a warm water system where you make fire under a water tank is called 'donkie'. Each campsite will also have a kettle, pot and pan, sufficient drinking water and wood.

### **Trail and Marker:**

The trail is well signposted with an Oryx spoor and different signboards at about 100 m intervalls. If you walk more than 100 m to 150 m without a signboard – turn back! It has now been successfully trialled 2016 and 2017 by members of SA hiking clubs and improved upon. It is NOT an easy walk!! The trail follows into the Khomas Hochland mountains and

through valleys with beautiful views and game to see. You have to be fit. See report and pictures on our website: [www.namibiahike.com](http://www.namibiahike.com)

### **Indemnity:**

Indemnity has to be signed by each hiker before the start of their hike. Parents have to look after their children all the time as in nature and there are all kind of dangers. HIKING IS DONE AT OWN RISK.

### **Best hiking month.**

Autumn and winter: April, may, june, july, august, september. Very seldom rain in May, June, July, August. September.

In the unlikely event of heavy rains which could result in flash floods, which make it dangerous to hike this trail in the main rain season the owners reserve the right to cancel hiking on that specific part of the trail. Experience of the last 2 years proofed it is not wise to hike due to the heat to hike october, november, december, january, february. In march we do our yearly maitenance. Checking the weather report is essential.

### **Rules & Regulations:**

All rules and regulations as set out by KHHT must be strictly adhered to. Failure to do so will result in removal from the trail at the hikers own expense. Download Rules & Regulations from our website.

### **Reservation & Payment:**

Reservation is only confirmed if a **non-refundable** down payment of 20% of the total costs has been received. Full payment is due no later than 30 days before the hiking date.

**Mode of Payment:**

Credit card (Master, Visa) or bank transfer EFT. Proof of payment must be emailed to [j.vaatz@duesternbrook.net](mailto:j.vaatz@duesternbrook.net) as PDF attachment. No cheques accepted. **All optional extra expenses with the farmers only on CASH basis.**

**Tour Operators:**

We co-operate with tour operators. Kindly contact us for more details.

**Child Policy:**

KHHT (91.2 km and 54.4 km) minimum age: 12 years. No reduced prices for kids.

Weekend trails or 1 or 2 day trials: No minimum age but children **MUST** be in company of parents at all times.

**Please Note:**

This is **NOT** an easy hiking trail! The trail has a few steep inclines/declines; some moderate to difficult rock scrambling and rocky paths. Extensive use of hands is required. The paths are on some steep grounds and sometimes near the edge of small cliffs. Those with a fear of heights might feel uncomfortable. Significant sustained physical exertion will be experienced and moderate to high levels of fitness are a prerequisite to complete the KHHT.

**Feed-back from recent hikers:**

Very good mix of the trail; you hike in kloofs but also on top of hills with fanatstic views. Game viewing is fairly good and a variety of birds can be seen along the river bed. Hikers hiking in April mentioned the heat between 12.00 and 15.00 which means you should start your hike early and take enough water (minimum of 3 to 4 ltr per day). During the long stretch of 21 km, fresh water is supplied at Compressor Outpost. Hikers enjoyed the food and especially the game meat from the farmers. Some back pack hikers commented that they would slack pack next time as there will be less to carry and the hike and nature can be enjoyed more.

## **Hiking Prices Valid 1.12.2017 until 30.11.2018**

### **Hiking season : From 1.4.2018 until 30.9.2018**

Day hike - Adults:	N\$ 70.00 per/person
Day Hike- Children 4-12 years	N\$ 35.00 pp (> 3 years free)
Weekend trail:	N\$ 224.00 per night and person
Long trail back pack (4 or 6 days):	N\$ 224.00 per/night and person
Transfer ( divided by the group)	N\$ 800.00 per/car/night
Long trail slack pack (inclusive: camping/hiking fee, food and matrass)	N\$ 370.00 per/person/night

#### **Other Extra Services:**

Extra matrasses:	N\$ 20.00 per/person and night
Sleeping bag:	N\$ 30.00 per/person and night
Basic igloo tent for two persons :	N\$ 50.00 per/tent and night
Extra Wood:	N\$ 45.00 per bag of about 10Kg
Transfer from the airport (one way): car (price of 2017)	N\$ 1380.00 max 4 persons per

#### **Cold drinks at Campsite/shelter:**

Can be ordered with reservation. We offer Beer, Coke and Sprite at very reasonable prices. Payment: cash with the farmer

#### **What you have to bring:**

Bring torches and headlights. The food is not prepared or catered for. We deliver raw food (vegetables and meat) plus bread. Bring your own spices, oil and whatever you need to prepare the food to your liking.

Bring along one set of leather gloves to manage the firewood, all cutlery and crockery. There is no facility to charge your cell phone other than the first night at Duesternbrook. Use your own solar chargers for charging your cell phone and re-chargeable batteries for cameras.

## Reservation for KHHT or Weekend Trails



**Please complete the form  
below in detail:**

Today's date: \_\_\_\_\_

Name of Person  
or Group: \_\_\_\_\_

Email address: \_\_\_\_\_

Telephone and  
code: \_\_\_\_\_

Select Trial -  
Mark with an X:      Weekend Trail:       Long KHHT:

Number of days? Please circle the selected period for the hike:

Day Hike     1 Day     2 Days     4 Days   
6 Days

Required  
starting date: \_\_\_\_\_

Type of intended  
hike:              Backpack:               Slackpack:

Number of  
hikers: \_\_\_\_\_

In case of slack packing, please provide the number vegetarians and/or  
meat eaters:

Vegetarians: \_\_\_\_\_      Meat: \_\_\_\_\_

Please list any other requirements not mentioned above:

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Please list drink requirements at the shelters:

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Other  
comments:

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Once completed, please return this form to [info@duesternbrook.net](mailto:info@duesternbrook.net) or [j.vaatz@duesternbrook.net](mailto:j.vaatz@duesternbrook.net).